

Recetas Con Miel



Strawberry Energy Drink

Ingredients

- 4 strawberries
- 1 cup of milk
- 2 tablespoon of honey
- 1 peach
- 8 ice cubes



Place strawberries, honey, milk, peach, blend on high speed until fruit is pureed. Add ice cubes. Cover; blend on high speed until ice is finely chopped.